

FOCUS ON CHILDREN's STATEMENTS

A **POWERFUL UPLIFT** for all educators



Looking through the eyes of a child.

Listening to a child.



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“Don't spoil me.”

I know very well that I cannot get everything I ask for. I just try.

“Don't be afraid to be firm to me.”

I like that the most. It allows me to know what I have to stick to.



“Don't use force against me.”

It teaches me that power is all that matters. I will be more easily tempted to do so.

“Don't be inconsistent.” That confuses me!

I will then try to pull away from everything I can actually do myself.



“Don't promise me anything all the time!”

You may not be able to keep your promises and then I will lose my trust in you.



“Don't respond to my challenges,” When I say or do things to upset you, because then I'll go right ahead with it.



“Don't get upset,”

When I say, 'I hate you.'

I don't actually mean it, but I want you to regret what you did to me.

“Don't act like I'm smaller,”

Then I actually am, because then I start acting tough.



“Don't do things for me that I can do myself.” It makes me feel like a baby and I'll keep trying to get you to keep doing everything for me.

“Don't pay so much attention to my ‘bad habits.’”

I will then only try to keep doing it.

“Don't criticize me in front of others.” I will be much more considerate when you discuss it with me quietly in private.



“Don't try to talk about my behavior in the middle of an argument.”

At such a time I will not listen too well and I will not want to cooperate.

At that moment, let's accept the argument for what it is and let's talk about it later.

“Don't keep asking for explanations about my bad behavior.”

I really don't know why I did it.

“Don't value my honesty too highly.”

I become so afraid then, that one day I will lie.

“Remember, I like to become wise myself by trial and error.”

So give me that chance.



“Don't protect me from the consequences of my own actions.”

I must learn from my experiences.



“Don't take too much note of my disabilities.”

By paying too much attention, I learn to rejoice in ill health.



“Do not scold me when I ask honest questions.”

When you do you will see, that I no longer ask anything, but go to others for my information.

“Don't respond to my silly and insignificant questions.”



I only want you to engage with me.
“Never think it would be beneath your dignity to apologize to me.”

An honest heartfelt apology makes me feel incredibly warm for you.

“Never suggest that you are perfect or infallible.”

It's too hard for me to match that.

“Don't worry about the little bit of time we have together.”

It's only about how we spend it.



“Don't let me transfer my fears onto you.”
Then I get even more scared. Show me
courage.

**“Remember, I can't thrive without a lot of
understanding and encouragement,”**
But I don't have to tell you that, do I?

“Treat me as you treat your friends.” Then
I'll be your friend, too.

**"Remember that I learn more from a good
example than from criticism."**

At a time when ENCOURAGING is needed
and where it is important for children to be
HEARD and SEEN!

More info www.adlerspsychology.com

