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**56th
International
Rudolf Dreikurs
Summer School**

Courses in Adler / Dreikurs Theory and Practice

July 30 - August 12, 2023

DCU, Dublin, Ireland

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WELCOME

The Rudolf Dreikurs Summer School 2023 of ICASSI promises to be a most comprehensive and enriching learning experience. We are pleased that we can return to a venue we have used before, the Dublin City University in Ireland. The Board, Faculty, Administration, and Chairpersons are very much looking forward to seeing you in Dublin in the summer of 2023.

We are delighted to return to the fascinating land where leprechauns were said to have enlivened the life of citizens and that in modern life is a flourishing republic with fascinating cities and charming landscapes. With its old castles and rich history, Ireland is a wonderful setting for ICASSI again to take place. We will be located in Dublin, Ireland's capital city, a vibrant city with more than half-a-million inhabitants. Dublin is on Ireland's east coast at the mouth of the River Liffey. Our venue, the DCU, is a modern campus university where we will have our classes as well as our accommodations in close proximity.

I am gratified that the annual Rudolf Dreikurs Summer Institute is going strong in its 56th year. It is a testament to the timeless value of the principles and teachings of Adler and Dreikurs with its focus on cooperation, equality, and mutual respect between individuals and groups, and its understanding of the whole person. The 2023 Summer School is a reflection of ongoing efforts of ICASSI to ensure that our international institute brings fresh ideas, novel applications and updated course material to our participants along with many new faculty and course choices.

As always, the Summer Institute will bring together individuals from many nations, providing a truly unique opportunity to learn alongside and share experiences with colleagues from around the world and creating a truly international atmosphere. Participants will acquire knowledge and learn practical skills that will serve them in their professional and personal lives. Classes will deal with contemporary challenges in areas of parenting, couple relationships, school, counseling and clinical practice, workplace problems, and multi-cultural relationships. Participants will learn Adlerian principles and methods that facilitate human relations in many areas of human life.

It is advisable to register early, to be sure to get the classes and accommodations of your choice. We will see new technical developments in use, such as an event app, which will enable us to receive on-site information to our smart phones and communicate easily. Whether you are a professional offering counseling, coaching, or therapy, or you are engaged in a wide variety of other work areas, you will benefit from the life-changing learning experience of ICASSI 2023.

Eva Dreikurs Ferguson
Co-Chair ICASSI

1. ICASSI PROGRAM AT-A-GLANCE

Participants should plan to arrive on Sunday afternoon of the week their participation begins and depart Saturday morning of the week their participation ends.

Week 1

Sunday, July 30	Participants for Week 1 and both Weeks Arrive (check in 15:00)
14:00-19:00	ICASSI Registration
20:00	Opening Ceremony
Friday, August 4	
17:30	Closing Ceremony
19:00	Special Dinner for All Participants
Saturday, August 5	Week 1 Participants Depart

Monday to Friday, Week 1 and 2

07:00 – 8:00	Bloc 0 Exercise	
07:30 – 8:45	Breakfast	
09:00 – 10:30	Plenary Sessions	
	Children and Youth Courses	
10:30 – 11:00	Coffee Break	
11:00 – 13:00	Morning Courses	-Half-Day Courses -Full-Day Courses
13:00 – 14:30	Lunch break	
14:30 – 16:30	Afternoon Courses	- Half-Day Courses - Full-Day Courses
16:45 – 17:45	Special Presentations**	
	Tuesday, Wednesday and Thursday	
18:00 – 19:30	Dinner	
20:00 – 21:15	Evening Sessions (Monday, Wednesday and Friday)	

** Special Presentations are sessions that provide an opportunity for participants and faculty to present a subject of their own choice in seminar format. A list of each day's special presentations is in the daily ICASSI Newsletter. Persons interested in presenting are requested to turn in their request early in the week.

Week 2

Sunday, August 6	Participants for Week 2 Arrive
16:00-19:00	ICASSI Registration for Week 2 Arrivals
20:00	Welcoming Ceremony for All
Friday, August 11	
17:30	Closing Ceremony
19:00	Farewell Banquet for All Participants
Saturday, August 12	All Participants Depart

2. COURSE SELECTION GUIDE

ICASSI offers a variety of course options to meet participants' learning needs and interests, whether one registers for the first week, the second week, or for both weeks. Each morning from 09:00 to 10:30 there is a plenary lecture and demonstration. Following the plenary lecture, participants choose either two half-day courses or a full-day course per week.

DISCLAIMER: ICASSI reserves the right to change or cancel course offerings as necessary for programmatic reasons, e.g., if courses do not have minimum number registered, faculty illness, etc.

Languages:

Alfred Adler and Rudolf Dreikurs were native German speaker so their first publications on Individual Psychology were in German and it therefore has strong roots in the German language. Until today, ICASSI has lived up to this tradition and offers translations of the lectures to German and English. Also some courses are offered in both languages. However, if all participants of that course agree on one language it will be held in the agreed language.

Course descriptions and educational objectives for plenary lectures and courses are to be found on the website www.icassi.net

3. PROGRAM WEEK 1

PLENARY LECTURES FOR WEEK 1, 9:00 - 10:30

<p>Monday July 31</p>	<p>How Adlerian Psychology is relevant today – Eva Dreikurs Ferguson Examples are given of how Adlerians understand behavior, thinking, and emotions. Goals and private logic are important concepts, as are Social Interest, Life Style, and ‘the need to belong.’</p> <p>Adlerian focus on prevention - Theo Joosten Since Individual Psychology is a social psychology, it is based on human relationships. According to Individual Psychology striving for equal connections includes a focus on contributions that prevent or minimize assumptions and behaviour which harm relationships, while encouraging relationships are grounded in human dignity. This plenary will exam ideas and means how equal relationships can be achieved with a focus on prevention.</p>
<p>Tuesday August 1</p>	<p>From avoidance to participation – Anabella Shaked Avoidance is the distance the distance from life tasks one creates to protect his or self-worth. In this presentation we’ll learn what is avoidance, what are its components and how to move towards full participation in life.</p>
<p>Wednesday August 2</p>	<p>Birth Order: Predictive not Predetermined – Karen Molan Birth Order is often categorised as a simple chronological position. Yet when we look at all the factors which go into determining Birth Order, we can see that it is more a guided choice. This presentation will explore these factors and how we are influenced by them. We will look at how these factors are applied in today’s society and the importance of encouragement in determining a child’s birth order choice.</p>

Thursday August 3	Re-awakening Courage and Connection in Uncertain Times –Anthea Millar Threat can lead us to turn inwards, away from connection, trust and hope. Global events such as the Covid pandemic, war, racial and social injustice, and climate change, profoundly affect both individuals and whole communities. This talk will look at some of these impacts from a biopsychosocial perspective, exploring ways to reclaim our natural resilience, courage and connection.
Friday August 4	Addiction in the family – Andrea Hillenbrand Growing up in a family with a parent with an addiction can have a significant impact on the development of the psychological style of life. Strategies that are aimed at protecting oneself, securing parental love, making sense of the world and coping with uncertain conditions are formed and persist into adulthood. We want to better understand the experience within the addicted family from an Adlerian perspective.

OVERVIEW: WEEK ONE - COURSES

MORNING COURSES, 11:00 TO 13:00

Course Number, Instructor and Course Title	Language		Open to Youth
	English	German	
101 - Amit, Ronit- Managing for a change	X		
102 - Balla, Marion- Mother-Daughter relationships	X		
103 - Baumer, Gerhard - Dreams/ Träume	X	X	
104 - Joosten, Theo - Cooperative Problem Solving	X		
105 - Kearns, Dave - The vital dance: relations between infants and their primary care givers	X		
106 - Landscheidt, Uti - Art Therapy and Life Style/ Kunsttherapie und Lebensstil	X	X	
107 - Levitt-Frank, Mia - Working with challenging early recollections-stretching the paradigm	X		
108 - Millar, Anthea - Developing your Supervision Skills	X		
109 - Oberst, Ursula- Working with couples in counseling and therapy	X		
110 - Rasmussen, Paul - Adaptive Reorientation	X		
111 - Schläpfer, Christelle - Bullying and cyberbullying - A holistic approach	X		
112 - Shaked, Anabella - Use of creative tools in Adlerian practice	X		
113 - Shoham, Yoav - The art of Encouragement	X		

114 - Tate, Bruce - Creativity & Private Logic	X		
115 - Uzun, Bilge - Private logic and Mindfulness	X		
116 - Williams, Hallie - Social Justice and Individual Psychology	X		

AFTERNOON COURSES, 14:30 TO 16:30

Course Number, Instructor and Course Title	Language		Open to Youth
	English	German	
201 - Bluvshstein, Marina - Metaphors in supervision	X		
202 - Christophe, Dalia - Coaching to establish healthy couple relationships	X		
203 - Ferguson, Eva Dreikurs - IP in the Workplace (1+2) online - facilitator Marion Balla	X		
204 - Hill, Lindsay - Adlerian approach to intimacy and sexuality	X		X
205 - Hillenbrand, Andrea - Get out of being single/ Raus aus dem Single-Dasein	X	X	
206 - Holder, Jim - Addictive behaviors and early recollections	X		
207 - John, Karen - Group Dynamics & Facilitation	X		
208 - Lee-Own, Kim - Five Secrets to Happy Children	X		X
209 - Millar, Anthea - Trauma Therapy and the body	X		
210 - Molan, Karen - Birth Order and Negotiation	X		
211 - Oberst, Ursula - The helping professional's dreaded scenario – the role of the professional's own life style	X		
212 - Pacurar, Anda - Understanding adolescents	X		X
213 - Rasmussen, Paul- Emotions and Private Logic	X		X
214 - Schläpfer, Christelle- How Life style influences parenting style	X	X	
215 - Verjee, Begum - Self-care	X		X
216 - Williams, Hallie - Adlerian principles in community psychology	X		X

4. PROGRAM WEEK 2

PLENARY LECTURES FOR WEEK 2, 9:00 – 10:30

Monday August 7	Creative Encouragement: A Social Interest Project - Kim Lee-Own “We cannot all do great things, but we can do small things with great love” Mother Teresa A major part of an Adlerian therapist’s work is encouraging the client and educating them in self-encouragement as well as promoting and developing their Social Interest. I was recently asked: “If what you do was a ‘Movement’, what would it be?” This question sparked my curiosity: How could I begin a Movement that would be socially interested and eventually self-perpetuating? ICASSI is a great place to begin to do just that! And The Social Interest Project began to take form. We will explore how we can encourage others around us (and ourselves), in small creative ways that make movement, (as well as A Movement), possible. We will show that Social Interest and Encouragement are part of a self-perpetuating feedback loop. Together we can do this!
Tuesday August 8	Helping Children Cope in Stressful Times – Amy Lew We are living in a very distressing time. Each day the news is filled with disturbing accounts of war, pandemics, racism, global warming, mass shootings, job loss and recession. Adults and children alike feel threatened in their everyday lives. This plenary will focus on helping families cope with the stress related to amorphous threats. The discussion will show some tools and guidelines that we can use. The workshop will include: how to talk with different aged children; how we can help children turn fear into resiliency; signs of distress; and how to use family meetings to teach coping skills and establish a forum for open communication.
Wednesday August 9	Neglected children - Christelle Schläpfer Adler identifies neglect as one of the primary reasons for the neurotic disposition. Neglect has serious consequences on children, since they are deprived of affection, attention and encouragement they need. At this lecture, we are going to look at the main reasons and new versions of neglect. We're also going to determine whether pampering is a compensation for neglect.
Thursday August 10	Open forum family education demonstration – Marina Bluvshstein The Open Forum Family Education Demonstration is based on the original model developed by Rudolf Dreikurs and further expanded by the next generations of Adlerian practitioners. The demonstration focuses on the cooperative exploration of challenges experienced by a family and the collaborative search for useful solutions. Parents, children, and the audience are actively and courageously involved in the process of the open forum.

Friday August 11	Changing the World: the Challenge of Today – Hallie Williams In 1938, Alfred Adler addressed the Challenge to Mankind. In 1971, Rudolf Dreikurs addressed the Challenge of Today. Our Adlerian leaders have often taken on the challenge of the milieu. This presentation will address the challenge of our times and how the tenets of Individual Psychology can meet those challenges all while reaching self-actualization.
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OVERVIEW: WEEK TWO - COURSES

MORNING COURSES, 11:00 TO 13:00

Course Number, Instructor and Course Title	Language		Open to Youth
	English	German	
401 - Bluvshstein, Marina- Early recollections as a window into psychopathology	X		
402 - Callus, Joyce - There must be another way - Parenting	X		
403 - Echle, Erika - Resolving conflicts in school/ Konfliktlösung in der Schule	X	X	
404 - Fitzgerald, Michael - Using Social Interest and Early Memories to find a client's goals	X		
405 - Greenhalgh, Bruce - Integrating Mindfulness with Adlerian Psychology	X		
406 - John, Karen - Social equality in action	X		
407 - Joosten, Theo - Cooperative Problem Solving	X		
408 - Landscheidt, Uti - Advanced Art Therapy and Life Style/ Kunsttherapie für Fortgeschrittene und Lebensstil	X	X	
409 - Levitt-Frank, Mia - „From vision to reality“ - making a difference through community development	X		
410 - Sperry, Jon - Adlerian conceptualization and lifestyle assessment	X		
411 - Verjee, Begum - Professional Coaching & IP	X		

AFTERNOON COURSES, 14:30 TO 16:30

Course Number, Instructor and Course Title	Language		Open to Youth
	English	German	
501 - Armerding, Calvin- Cooperation in systems (families and organizations)	X		X
502 - Balla, Marion - Strengths-based Couples Therapy and Enrichment	X		
503 - Cice, Joseph - IP and dealing with new technologies	X		X
504 - Ferguson, Eva Dreikurs - IP in the Workplace (1+2) online - facilitator Marina Bluvshstein	X		
505 - Hillenbrand, Andrea - Alcohol addiction, co-dependency and style of life/ Alkoholabhängigkeit, Ko-abhängigkeit und Lebensstil	X	X	
506 - Levitt-Frank, Mia - Making meaning with metaphors	X		
507 - O’Keeffe, Sonya - An Adlerian Art Therapy Group Work Approach to support Mental Health	X		
508 - Schläpfer, Christelle - Parenting in a digital world/ Erziehung in einer digitalen Welt	X	X	
509 - Shoham, Yoav - Encouragement Overcoming stressful situations	X		X
510 - Sperry, Jon- Group Drumming and cooperation	X		X
511 - Tate, Bruce - Developing your social interest in the life task	X		
512 - Todorova, Vera - Building bridges between families and schools	X		X
513 - Williams, Hallie - Individual Psychology: Concepts, Theory, and its Development	X		

Or ONE FULL-DAY Course

Full-Day Courses 11:00 to 13:00 and 14:30 to 16:30

Course Number, Instructor and Course Title	Language		Open to Youth
	English	German	
601 - Kottman, Terry - Play Therapy	X		
602 - Lew, Amy - The Crucial Cs in Practice	X		

5. YOUTH AND CHILDREN PROGRAMS

Youths' Program		
Early Mornings during Plenary	Mornings	Afternoons
Y-1 Youth Recreation Itamar Abramson (W1), NN (W2)	Y-2 Personal Development for Youths 12-17 Noam Shoham	Y-3 Youth Recreation NN (W1), Kim Lee-Own (W2)
Children's Program		
Early Mornings during Plenary	Mornings	Afternoons
C-1 Children's Recreation Magnus Irvine, Emily Newport	C-2 Children's Program Magnus Irvine (W1 + W2), Andreea Popa (W1), Anda Pacurar (W2)	C-3 Children's Recreation Itamar Abramson (W1), Anda Pacurar (W2)

6. ICASSI BOARD OF DIRECTORS, FACULTY & STAFF

Honorary Chairperson:	Sadie E. "Tee" Dreikurs, USA (Deceased)
Co-Chairpersons:	Eva Dreikurs Ferguson, USA Theo Joosten, The Netherlands Uti Landscheidt, Germany
Secretary-Treasurer:	Karen John, UK
Board Members:	Jim Holder, USA Mia Levitt-Frank, Israel Christelle Schläpfer, Switzerland Hallie Williams, USA

ICASSI 2023 FACULTY

Abramson, Itamar, Tel Aviv, Israel.

Amit, Ronit, Dr., Herzlia, Israel.

Armerding, Calvin, MA., travelersrestcounseling.com, Travelers Rest, SC, USA.

Balla, Marion, M.Ed., M.S.W., www.adleriancentre.com, Ottawa, Canada.

Baumer, Gerhard, Flensburg, Germany.

Blushstein, Marina, Ph.D., marina.adleracademy@gmail.com, Chicago, USA.

Callus, Joyce, M.A. (Lond), San Swan, Malta.

Christophe, Dalia, MA, Tel Aviv, Israel.

Cice, Joseph, Ph.D., Kailua Hawaii, USA.

Echle, Erika, Dättwil, Switzerland.

Ferguson, Eva Dreikurs, Ph.D., Edwardsville, USA.

Fitzgerald, Michael, BSc (Hons), www.counselingwaterford.com, Waterford, Ireland.

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Hill, Lindsay K., M.Ed., LPC, www.travelersrestcounseling.com, Travelers Rest, SC, USA.

Hillenbrand, Andrea, <http://www.andrea-hillenbrand.de>, Wiesbaden, Germany.

Holder, Jim, M.A., South Carolina, USA.

Irvine, Magnus, Msc., ztownrock@gmail.com, Southend-on-Sea, Thames Delta, UK.

John, Karen, Ph.D., Bath, UK.

Joosten, Theo, Leeuwarden, Netherlands.

Kearns, Dave, Msc., Dublin, Ireland.

Kottman, Terry, Ph.D., www.adlerianplaytherapy.com, Cedar Falls, IA, USA.

Landscheidt, Uti, icassi@gmx.de , Aachen and Krefeld, Germany. icassi@gmx.de

Lee-Own, Kim, M.A., https://www.heartfeltthinking.com. Herefordshire, UK.

Levitt Frank, Mia. Ph.D. Tel Aviv, Israel.

Lew, Amy, Ph.D., amylew@comcast.net, Gloucester, Massachusetts, USA.

Millar, Anthea, M.A., www.cambridgesupervisiontraining.org, Cambridge UK.

Molan, Karen, Tipperary, Ireland.

Oberst, Ursula, Ph.D., www.oberst.es, Barcelona, Spain.

O Keffe, Sonya, Waterford, Ireland.

Pacurar, Anda, M.A., www.psihocenter.ro, Bucharest, Romania.

Popa, Andreea, Bucharest, Romania.

Rasmussen, Paul, Ph.D., icassipr@gmail.com, Columbia, South Carolina, USA.

Schläpfer, Christelle, M.A., www.edufamily.ch, Schweiz.

Shaked, Anabella, Ph.D, MCC., Tel Aviv, Israel.

Shoham, Noam, B.Ed.F.A., Sde-Nehemia, Upper Galilee, Israel.

Shoham, Yoav, M.A., Sde Nehemia, Upper Galilee, Israel.

Sperry, Jon, Ph.D., www.drjonsperry.com, Boca Raton, Florida, USA.

Tate, Bruce, MBACP, www.bruceatate.co.uk, Cambridge, United Kingdom.

Todorova, Vera, Ph.D. candidate, Trakia University, Bulgaria.

Uzun, R. Bilge, Prof. Dr., Turkey.

Verjee, Begum, Ed.D., https://www.linkedin.com/in/begumverjee, Toronto, Canada.

Williams, Hallie M., M.A., halliesr@yahoo.com, St. Paul, MN, USA.

ADMINISTRATIVE STAFF

Landscheidt, Sabine, M.A., LL.M., Administrator, Berlin/Frankfurt, Germany.

Cice, Joseph A., Ph.D., Assistant Administrator, Kailua Hawaii, USA.

Hertl, Beate, Administrative Support Person, German Speaking Contact Person, Graz, Austria.

7. SCHOLARSHIP AND FINANCIAL ASSISTANCE

As part of ICASSI's mission to spread the teachings of Alfred Adler and Rudolf Dreikurs, ICASSI offers a limited number of awards for those in financial need:

- a) Major Scholarship: Covers Summer School Package, room and board
- b) Tuition Assistance: Instead of paying the full Summer School Package, these recipients will pay 175€ which covers the cost of 4 dinners each week, morning coffee and opening and closing ceremonies. Their tuition costs are covered.

Scholarships and Tuition Assistance are given to individuals who have a clear financial need and who seek to apply Adler-Dreikurs principles more effectively in their work. A letter of recommendation from a past or present ICASSI Faculty or Board member, or a member of a national or regional Adlerian Society, is required. Assistance is not available for travel.

Application Forms for MAJOR SCHOLARSHIPS and TUITION ASSISTANCE are available from our website, www.icassi.net or from Joe Cice josephicassi@gmail.com. The application form should be returned to Joe Cice by midnight (EST) February 15, 2023.

8. REGISTRATION: DUE DATES, FORMS, PROCEDURES AND VISAS

CHART OF DUE DATES

ACTION NEEDED	DUE DATE
Scholarship Application	February 15, 2023
Early Registration Deduction	March 31, 2023
Letter of Invitation Request for Travel Visa *	April 1, 2023
Deadline registration to be guaranteed a room on campus (Registration is still possible after this date, but availability of accommodation on campus cannot be guaranteed)	April 23, 2023 (Midnight EST)
Final Payment (otherwise 75€ will be added)	June 15, 2023
Request for Tuition Refunds (cancellation fee applies)	June 15, 2023
Request for Room Refunds (cancellation fee applies)	June 15, 2023
Registering for classes**	Available on first come basis**

*Requests after April 1 will incur a processing charge of 25€

**Registration for ICASSI will close if we reach the capacity of the facilities.

ONLINE REGISTRATION

Registration is possible through: [ICASSI.cventevents.com](https://icassi.cventevents.com)

If you experience any problems with registration, please contact the administrator Sabine Landscheidt @ info.icassi@gmail.com

MAIL REGISTRATION

Participants who prefer to register by mail please download the form from the website or send an email to the administrator to receive the form.

Payment of Fees: Payments are payable to ICASSI in EURO. Please notice that a deposit of at least 300€ (or 550€ for a family) should be made at the time of registration, and that the balance is due by June 15, 2023.

EARLY REGISTRATION DEDUCTIONS

If you are an adult (general admission) registering before March 31st you will benefit from an early registration deduction.

GROUP RATES

Please consult the website for information about the group rates.

REDUCED FEE

Countries (regions) are the Eastern European countries of: Bulgaria, Czech Republic, Estonia, Hungary, Ireland, Latvia, Lithuania, Poland, Romania, Slovakia as well as India, Latin America, Malaysia, Morocco, Russia, Singapore, Turkey and Ukraine.

All further information (Refund policy, Travel Visas, etc.) can be found on the website at icassi.net

PRICES

Summer School Package

The Summer School Package includes tuition, dinner on Sunday, Monday, Wednesday and Friday of each week, registration drinks, opening and welcome reception, farewell dinner, coffee breaks and organizational fees. Note: It does not include dinner on Tuesday, Thursday or Saturday. You can buy meal tickets when you register for the summer school at 42€ for the Tuesday and Thursday dinner per week.

Summer School Pkg.	One Week	Both Weeks
Early Bird Adult (Before March 31st)	585€	1035€
Adult	635 €	1095€
College Student*	535€	805€
Youth (12-17)**	395€	705€
Child (4 - 11)	320€	575€
REDUCED FEES***		
Adult/College Student	395€	705€
Youth (12-17)	345€	640 €
Child (4-11)	295€	545€
Fee for accommodating partners****	255 €	515€

*Full time University or College students in academic year 2022/2023 or 2023/2024

** All ages are based on age as of July 15, 2023

*** To be eligible for this fee you must live in one of the countries listed

****Fee for adult partners of participants when partners do not take classes and stay in accommodation on campus

Accommodations: Room and Breakfast

Accommodation fees include room and breakfast. Prices listed are all per person.

ACCOMMODATION	One Week (6 nights)	Both Weeks (13 nights)
DCU (College Park and Hampstead) – Per Person Note: All rooms are ensuite. 5 rooms (4 single/ 1 Double (Hampstead) or 4 Double/ 1 Single (College Park)) share a common living room with a kitchen. The rooms do not have air conditioning. Rooms for disabled are available.		
Single Room (ensuite bath)	315€	685€
Double Room (2 Twinbeds which can be zipped together to form a Queen Size bed) (ensuite bath)	300€	655€
Child under 12 on a foldout mattress as an additional person in one room (including breakfast) - limited availability	150 €	330 €
Youth under 17 on a foldout mattress as an additional person in one room (including breakfast) - limited availability	180 €	365 €
Child 3 or under in a baby cot	Free	Free

**For further
information:**

info.icassi@gmail.com

www.icassi.net

