

Israel is under attack!

Parents and educators need help to support their children

The Adler Institute is Israel's leading parental guidance organization - in times of routine as well as during periods of distress and war. We have over 60 years of experience in family guidance and therapy

All this know-how has come to the fore at this time of national crisis.

Studies shows that intervention in the immediate days off trauma, are essential for present and future mental health stability.

Based on our experience, people under major stress are not always mentally available for long conversations. They wish for immediate answers. The service we offer includes both needs

Our Target audience are –

- Families and single parents that were evacuate from their homes
- Education Teams that needs to support their students and parents
- Therapist and counselors that seek support in order to support others.
- Community centers that offer services for their community.

How will our activity will look like:

1. Team of 4 professional will arrive to any gathering place of families that were evacuated from their homes/100 schools we are in touch with during the year and now are emotionally lost.
2. Each team will stay on each gathering place /school, for at list 5-6 hours
3. One professional will offer group meeting in a quiet place where 25 participants could take a break and share their thoughts, feelings, fears etc. We will handle 2-3 rounds of group meetings every day of work
4. 3 professionals will be where ever the parents are – play ground, dining hall, hotel lobby -as long as they will be able to stay next to their kids, and will offer them one on one immediate tools to deal with their children's questions and distress. Such as "can I cry Infront of my kids?" How do I tell my kids that their father war required to the war etc.



5. At the end of each day, we will open A dedicated WhatsApp group with all the families/educators, we have met with in order to be able to keep on support them even though we are not next to them.

We will reach aprox 80 families/educators each day and will be able to give WhatsApp support for up to 1000 participants in every WhatsApp group

Our goal is to raise 135,000\$ in order to handle full month service, including weekends

Our teams are at the ready. Help us support these parents as they struggle to support their children.

Your impact will be immediate - and will last throughout these children's lives.

PLEASE SUPPORT US NOW!

Please do not hesitate to contact me with any question

Regards

Irit Zviely Efrat

CEO

+972+54+8086866

