

# Israel is under attack!

## Parents need to know how to talk to their children

The Adler Institute is Israel's leading parental guidance organization - in times of routine as well as during periods of distress and war.

We have over 60 years of experience in family guidance and therapy, and are continuously engaged in the development and communication of methodologies, tools and practices in the field of relationships throughout the human life cycle.

All this know-how has come to the fore at this time of national crisis.

Studies show that intervention in the immediate days following trauma are essential for mental health. Based on our experience, people under major stress are not always able to engage in long conversations. They need immediate answers. The service we offer includes both.

We are currently caring from evacuated families, supporting both children and parents, and their teachers, as well as counselors and community centers Our approach is multi-pronged:

Teams of 4 professionals arrive at a location, whether an evacuated family/families or school, and over a 5-6-hour period provide comprehensive care to parents/teachers and to the children, intermittently in groups and individually. By going back and forth (often indoors and outdoors) and allowing a thought-process to occur during and between the sessions, the team manages to create immediate impact.

At the end of each day, the team opens a dedicated WhatsApp group for the participating adults so that ongoing support can continue to be offered.

We plan to reach approximately 80 families/educators a day and provide ongoing WhatsApp support for up to 1000 participants per group.

**Our goal is to raise \$135,000 for a full month's care, including weekends.**

**Our teams are at the ready. Help us support these parents as they struggle to support their children.**

**Your impact will be immediate - and will last throughout these children's lives.**

Please do not hesitate to contact me with any question.

Sincerely,

Irit Zviely Efrat  
CEO  
+972-54-8086866



SCAN ME

